



***Wings  
Of  
Freedom***

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**Tattered Wings**

**Ravaged by time  
Tattered with age  
Wind beneath wings  
Driven by rage**

**Wings of freedom  
Rough and torn  
Dying to escape  
Since I was born**

**The beauty fades  
As time goes by  
But tattered wings  
Allow you to fly.**



## ***Crayons***

***Will you untie the straps?  
At least just one?  
I'd like to draw a picture  
One without the sun.***

***Could you pass the crayons?  
I only need three  
Black, grey and brown  
The world, according to me.***

***Could you draw the blinds?  
The light is much too bright  
I've been locked away so long  
In my mind it's always night.***

***It's quiet in this place  
Except for in my head  
One day I'll escape  
One day I'll be dead.***

## ***Painting***

***If I could paint my life  
On a canvas that was clean,  
I'd use the lightest colors  
To paint a life serene.***

***A picket fence  
To replace the walls,  
A tire swing  
That never falls.***

***Sun that chases away  
Demons of the night,  
Maybe a warm rain  
To wash away the fright.***

***I'd paint over the gray  
Make it all new,  
Butterflies in flight  
If only it were true.***



## **Release**

**The rush of breath  
As I exhale  
Feel the burn  
As you impale  
Slide it in  
Oh so deep  
Bite my lip  
So I don't weep  
Driving it in  
To the hilt  
As it hits bone  
I start to wilt  
Take your knife  
Give a twist  
When you're done  
Do my wrists...**

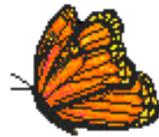


## ***Have You Ever***

***Have you ever wanted something  
but couldn't make it right?  
Gave it all you thought you had  
but couldn't win the fight?***

***Have you ever had it all  
just to watch it slip away?  
Knowing you had a voice  
but nothing left to say.***

***Have you ever lost it all  
because you refused to try?  
When the truth is right before you  
But you always close your eyes.***



## ***Sounds You Don't Hear***

***Blood dripping down your fingers  
Silently hitting the ground  
A heart that is breaking  
Never makes a sound***

***The knife in your back  
A gift from a friend  
The kiss of your angel  
At your life's end***

***Tears that are raining  
Down your lovers face  
Sounds you can't hear  
And can never erase.***



## ***Final Refrain***

***Like sliding a bow  
Across an old violin  
Close your eyes,  
Feel the music within.***

***You can feel the rush  
As you reach crescendo.  
You can feel the end  
As blood starts to flow.***

***Slide the bow  
Across your vein,  
The tortured tempo  
Of your final refrain.***



## ***So Many Lies***

***You said that I'd like it,  
That was your first lie.  
You said I'd like the taste,  
But every time I'd cry.  
The pain would disappear,  
I'd come to crave your touch.  
So many lies you fed me,  
You used me for your crutch.  
You took my innocence,  
Replaced with guilt and shame.  
You messed with my mind,  
For so long I took the blame.  
You said it was our secret,  
That I could never tell.  
You filled me full of lies,  
Now you can go to Hell.***



## ***Lines***

***I drew a line  
To take a hit  
Not too much  
Just a bit.***

***I drew a line  
In the sand  
Foolishly crossed  
To no man's land.***

***I drew a line  
Across the sky  
I fell hard  
I couldn't fly.***

***I drew a line  
Across my wrist  
The final thing  
Upon my list.***

## ***Momma's Goodbye***

***Baby, I'm so sorry  
I have to say goodbye,  
Not for us to understand  
I know you question why.  
Yes, I know you'll miss me  
And I know you'll miss me  
And I will miss you too,  
No matter where you roam  
I'll always be with you.  
Yes, I'd love to be there  
To meet your first date,  
But I'll be right beside you  
On the day you graduate.  
I want you to always know  
You never brought me shame,  
Baby, this is not your fault  
Please don't take the blame.  
I'd love to sit with Daddy  
As we grow very old,  
But I'll still be watching  
As your story unfolds.  
People are born everyday  
So everyone must die,  
Momma has to go now  
I'm sorry and goodbye.***

## ***How Did You Love Me?***

***How did you love me?  
Let me count the ways...  
A fractured skull  
In many places,  
The “I’m sorry baby”  
To erase the traces.  
How many black eyes?  
Too many to remember,  
So many I had  
March through December.  
A cracked cheek twice  
And a fractured jaw,  
Left torn and bleeding  
Scrapes that were raw.  
Broke every damn rib  
With your loving touch,  
You used “I love you”  
It never meant much.  
Let’s not forget  
Strolling down stairs,  
End over end  
Or the grip of my hair.  
How did you love me?  
With feet and a fist,  
I know that I could  
Add more to this list.***

## ***Cannibalized***

***I want to taste you  
And make you bleed,  
Beg on my knees  
To swallow your seed.***

***Melt in your eyes  
Make your soul mine,  
Steal your breath  
Like a clinging vine.***

***Carve my existence  
The skin on your back,  
Drain all your energy  
Your body gone slack.***

***Devour your beating heart  
Ravage your splintered mind,  
Until you and I are one  
Our souls forever entwined.***

***Cannibalized...***

## **Tossin' Pennies**

**Tossin pennies  
In god's wishing well,  
Sometimes I think  
They go straight to hell.**

**If unanswered prayers  
Are really the best,  
Why is it some get  
More than the rest?**

**Tossin pennies  
But not for gold,  
One simple wish  
Live to grow old.**

**I don't want much  
And I hate to ask,  
Would a few more years  
Be such a hard task?**

## ***Countdown***

***Life***

***One year***

***Fifty-two weeks***

***Three hundred sixty-five days***

***Over nine thousand two hundred hours***

***Over five hundred thousand minutes***

***Over thirty one million seconds***

***Not enough time***

***To be with you***

***To say goodbye***

***To escape***

***Cancer***

## ***Fallen Angel***

***I'll be the fallen angel  
Reaching out from hell,  
I'll be the tiny sprite  
In your wishing well.  
I'll be the nightmare  
You call your dream,  
I'll give you sound  
When you need to scream.  
I'll be the one  
Crawling inside your mind,  
I'll make it all okay  
Let's see what we can find.  
I'll lend you my wings  
So that we can fly,  
We'll never get to heaven  
But I'll make you feel so high.  
I'll be your fallen angel  
We'll go down in flames,  
Take my hand and trust me  
We'll never be the same...***

## ***My Addiction***

***Sitting in your chair  
Craving your touch  
I need this release  
You don't know how much***

***My body is alive  
Heightened by the sound  
This happens every time  
I come around***

***You move close to me  
Expose my skin  
A sigh escapes my lips  
As I feel it slide in***

***The rhythm has begun  
Going in and out  
You know I crave the pain  
It's what this is about***

***This is my addiction  
I love what you do  
You give me pleasure  
With each new tattoo!***

## ***Running the Gauntlet***

***Ecstatic***

***Happy***

***Bliss***

***Ecstasy***

***Compassion***

***Loyalty***

***Friendship***

***Honor***

***Joy***

***Love.***

***Anger***

***Grief***

***Abandonment***

***Fear***

***Loneliness***

***Regret***

***Apathy***

***Melancholy***

***Chaos***

***Hate.***

***Why care anymore?***

***Why run anymore?***

***It all leads***

***to the same***

***thing..***

***Pain, loss***

***and***

***Degradation.***

## **Impalement**

**Take an ice pick  
Shove it in my ear,  
So that maybe  
I can think clear.**

**Take a needle  
Pierce my vein,  
Send some peace  
To my brain.**

**Take a poker  
Gouge out my eyes,  
Then no longer  
Will I cry.**

**Take a spike  
Thrust in my heart,  
Pick up the pieces  
That have fallen apart.**

**Take a stake  
To impale my soul,  
Light the fire  
Burn the coal.**

**Take the smoke  
Breathe in your lungs,  
Taste my hate  
Upon your tongue.**

## **Room To Breathe**

**I hate this place  
Within my skin,  
Trying to carve a path  
Dying to be whole again.  
I hate this place  
Inside my head,  
These rambling thoughts  
Fill me with dread.  
I hate this place  
Behind my eyes,  
Seeing everything  
Living with the lies.  
I hate this place  
Inside my heart,  
Where it's cracked  
And falling apart.  
I hate this place  
Within these walls,  
No room to breathe  
Just enough to crawl.  
I hate this place  
And everything here,  
I'll burn it down  
With all I hold dear.  
I hate this place  
It's time to leave,  
Find somewhere new  
So I can breathe.**

## ***The Butterflies Are Dead***

***Wind whipping  
All around  
Eerie silence  
On the ground  
Needless carnage  
Evidence clear  
On my face  
A single tear  
Only questions  
No answers  
Wasted life  
Caustic cancer  
Empty heart  
Aching head  
Look around  
Butterflies dead***



## ***Paper Wings***

***I need lots of paper  
I need some glue,  
I need a prayer  
For what I'm going to do.***

***I need lots of tape  
I need some rope,  
A little bit of faith  
And lots of hope.***

***I need some scissors  
And wire for shape,  
I'm building paper wings  
Hoping to escape.***

***Cut them just right  
Perfectly shaped wings,  
Tie them tightly  
Use the strongest strings.***

***Climb the mountain  
Catch the breeze,  
Fly over the valleys  
Far over the seas.***

***Blind faith and hope  
Paper wings to fly,  
Soaring to freedom  
Not afraid to die.***

## **Unholy Eyes**

**Wallowing in this  
self hate  
Embracing the way  
of self inflicted  
pain  
Counting chips of  
rusty razors  
left to rust  
in skin  
Self debasement  
vomiting  
vile life  
purging  
myself  
of everything  
everyone  
Picking almost  
healed scabs  
bleeding again  
torture  
Self induced  
torment  
barely breathing  
acidic oxygen  
Dying slowly  
knowing  
not caring**

**This day done  
sleep child  
rest your  
unholy eyes  
That see  
nothing  
but a  
broken shell  
A reflection of life  
or the lack  
of life  
Entertain  
thoughts  
of peace  
as your  
heart pumps  
Exploding  
with this  
nothingness  
of life**

## **You**

**You tore my wings  
So I couldn't fly,  
You stepped on me  
Hoping I'd die.  
You made me crawl  
So I'd be weak,  
You took my pride  
And thought me meek.  
You almost won  
But dreams don't die,  
You almost had me  
But my wings still fly!**